NEWSLETTER 1

Fall 2025





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2026 is an Election and Appointments year at CUSW — and every Member plays an important role.

Members have a voice in every aspect of our democratic Union, from shaping our direction to selecting our leaders. The first phase of the cycle begins with workplace elections for Stewards and Health & Safety Representatives, running from January through March.

These workplace elections set the foundation for the year ahead, so stay tuned for nomination packages arriving in the new year.

Your participation matters. Make your voice heard and take an active role in building the future of CUSW.

POSITIONS

WORKPLACE

- Steward
- Joint Health and Safety Committee Member

NATIONAL EXECUTIVE BOARD

- Chairperson
- Recorder
- Treasurer
- Executive Board Member

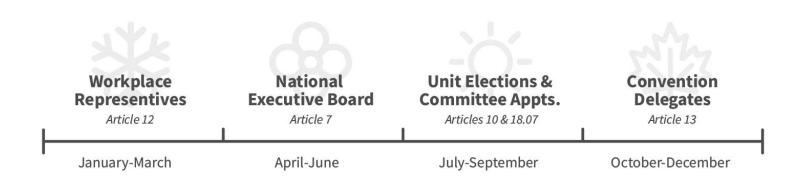
UNIT EXECUTIVE COMMITTEE

- Chair
- Vice-Chair
- Unit Recorder
- Unit Treasurer
- Executive Member



NATIONAL COMMITTEE

Committee Members



CONFERENCES

CUSW and its Members both sponsor and/or participate in many conferences, trades shows, fairs and events across Canada. Here is a snapshot of what's coming up this spring.

NOVEMBER

- ISEAD Unity Conference
- Energy Roundtable Toronto Series
- Evening with Margaret Atwood Interval House of Hamilton
- Waterloo Career Discovery Expo
- Together We Build Futures: Bruce Grey Catholic Trades Fair 2025
- Waterloo Career Discovery Expo



November 26th, 2025
Bingemans, Waterloo
5:00pm-8:00pm

DECEMBER

- National Capacity Building Quarterly Workshop
- Empire Club of Canada Delivering a Nation Building Workforce: The Honourable David Piccini, Ontario's Minister of Labour, Immigration, Training & Skills Development



GRAN FONDO LAKE HURON

I want to thank everyone who sponsored our team and myself. Over 900 riders on Saturday August 16th raised over \$430,000 dollars for Southampton Hospital. Our team raised over \$7000 and were the top fundraising team in the corporate category. It was a sunny day unlike last year and we encourage everyone to ride in this event. They go to great lengths to make it a top riding event in Ontario with 100s of volunteers, sponsors, and security that make it work. What other bike ride has a beer (sponsor donated) waiting for you when you're done your ride? Our group had a lot of fun and hope to see you next year.

~ Tom Maclean

SAUGEEN TIME - GRAN FONDO SPONSORS



WIN - WOMEN IN NUCLEAR



CUSW Member Michelle Holmes Named WiN Canada Mentor of the Year

Celebrating Leadership, Mentorship, and Advocacy in the Trades and Nuclear Industry.

The Canadian Union of Skilled Workers (CUSW) is proud to celebrate one of our own — Michelle Holmes, recipient of the Women in Nuclear (WiN) Canada 2025 Mentor of the Year Award.

This award recognizes individuals who go above and beyond to support the professional growth and development of others, helping them reach their full potential through mentorship. Honourees promote career opportunities for women and young girls in STEM and skilled trades, inspire others to grow and succeed, and dedicate their time to helping women in the nuclear industry advance their careers.

From the Nomination:

Michelle was nominated by Amanda Dundas, who shared these words of praise:

"Michelle is a CUSW staple. She has been an active and engaged member for 19 years, paving the way for women in the electrical trade — and she did! Michelle goes out of her way to connect with new and existing female apprentices, checking in to ensure they're adapting to life in the trades and reminding them that she's there to help and support in any way she can.

She is a CUSW National Executive Board Member, a regular at Bruce Unit meetings, and the founding member of the CUSW National Tradeswomen Committee. Michelle frequently volunteers her time to reach out to young women about the incredible careers available in the trades and the nuclear field.

She has been a mentor, confidante, friend, and ally to me countless times throughout my four years with CUSW and in the nuclear industry. She truly deserves recognition for all she does to advance women in STEM."

The WiN Awards Committee, chaired by Kiza Sauvé, commended Michelle's ongoing dedication to helping women in the nuclear industry move forward and her strong alignment with WiN Canada's mission.

About Michelle Holmes

CUSW Red Seal Construction and Maintenance Electrician (309A) working as a Training Technician at Bruce Power.

Michelle Holmes has worked at Bruce Power for over nineteen years, moving through a range of roles — from Apprentice and Journeyperson to Sub Foreman, Foreman, General Foreman, and now Training Technician for Supplemental Staff, teaching Electrical and Safety Programs.

Michelle has been an active member of CUSW since 2006, mentoring and speaking on behalf of women and minorities in the trades. She is a founding member of the CUSW National Tradeswomen Committee and currently



serves on the CUSW National Executive Board, continuing to challenge cultural biases and open doors for others.

Within six months of joining CUSW, Michelle became involved with Women in Nuclear (WiN) Canada, where she found inspiration and mentorship from Cheryl Cottrill, past WiN President. Together, they helped introduce young women to opportunities in STEM and skilled trades through networking events and outreach initiatives.

Michelle has since co-facilitated the 2024 International Women's Day Celebration at Bruce Power, where she also received the Inspiring Inclusion Award for her leadership and advocacy.

Creating Cultural Change

In 2021, Michelle helped bring the "Be More Than a Bystander" program to CUSW in partnership with Interval House of Hamilton — a groundbreaking initiative that trains tradespeople to recognize and challenge workplace harassment and violence, and to become effective allies.

This program, developed specifically for a union environment, has since been adopted by other unions across Canada, setting a new standard for respectful and inclusive workplaces.

Congratulations, Michelle!

CUSW is proud to honour your leadership, mentorship, and commitment to creating inclusive, equitable workplaces in the trades and beyond. Your dedication continues to inspire members across the country—showing that when we lift each other up, we all rise together.







GREATER DURHAM UNIT

The GDR unit has had a busy and exciting year!

Since our last newsletter we have had our Fiber Optic training provided by Corning. We filled our spots quickly and had a great group of CUSW members who were excited to learn and engage. Some quotes from members who attended.

"I truly appreciated the opportunity to attend the fiber optic training. Having a chance to ask questions while gaining hands-on experience with highly knowledgeable instructors allowed me to develop new skills and improve my understanding—both of which I look forward to applying in the field."

"I would recommend fiber optics training to everyone. It was a good mix of in class lessons and hands on activities; through which we learned theory, splicing, and trouble shooting."

We had our GDR Blue Jays game on May 31st with over 70 members attending. Everyone had a great time and the Jays Won!

We became members of the Clarington Board of Trade in May. We are excited for the networking and community building that this partnership will bring our Unit. Since joining we have partnered with the CBOT for two career/community fairs. Students, guidance counsellors and teachers have been able to learn about what we do and speak to members!

We, in partnership with the NEB, made a sizeable donation to the Bowmanville Hospital foundation for their We Care, We Can Campaign. 8 members also attended the Bowmanville foundation gala to raise funds for the hospital. It was Kentucky Derby themed, so much fun!

"We are so grateful to the Canadian Union of Skilled Workers (CUSW) for their generous \$50,000 donation in support of the We Care, We Can campaign. Their contribution, along with their role as a Derby Sponsor for the upcoming Racing for Health Gala, is helping to make the redevelopment and expansion of Bowmanville Hospital possible. Together, we are building a healthier tomorrow!"

#WeCareWeCan

https://thebowmanvillehospitalfoundation.com/2025/06/12/cusw-50k-contribution/

We had our second Apprentice Orientation of the year, in September with over 20 apprentices in attendance. Lots of great questions and conversations.

We hosted our Charity golf tournament also in September, the members raised over \$2000 that we donated to the charity For the love of a child. Thank you to everyone who attended and to our sponsors!

The GDR held a family fall event held at Kendall Farms in Newcastle. Members got to pick a bag of apples, have lunch, and explore the farm. For the kids the farm had yard games set up and a bouncy castle. We had great attendance and feedback!

We recently had our annual kids Christmas party at Neb's Fun world. We had our highest attendance yet, and the kids had a blast! Thank you to all members who brought nonperishable food items to donate to Feed the Need Durham!

UPCOMING EVENTS

We have our adults only Christmas event at Tilted glass brewery where members can come relax and unwind with a drink, lunch and socialize. We look forward to seeing you there! Details are on our Unit webpage.

NORTHEAST UNIT

Northern Ontario – The Canadian Union of Skilled Workers (CUSW) Northeast Unit has released its latest update, highlighting upcoming meetings, social events, community sponsorships, and ongoing support programs for members and their families.

UPCOMING MEETINGS AND SOCIAL OPPORTUNITIES

The Northeast Unit will hold its next meeting on **November 26 at 7:00 p.m.,** hosted virtually via Zoom. As part of this initiative, members are invited to organize **Unit Socials** - activities such as bowling, wing nights, or axe throwing.

Social requests must be submitted no later than October 31. The unit will subsidize 50% of costs up to \$200, excluding alcohol. To qualify, each group must attend the Zoom meeting prior to their event. Members can request the application form by emailing pcranston@cusw.ca or northeastern@cusw.ca

"These socials are a great way to build connections outside of the workplace while still engaging with the unit," said the Northeast Unit Executive. "We encourage members to get involved and take part."

CELEBRATING COMMUNITY EVENTS

The unit celebrated several successful events in 2025, including the **2nd Annual Northeast Golf Tournament**, which drew strong participation. Plans are already underway for next year's tournament.

On **July 5, 2025**, families gathered for a fun-filled day at **Santa's Village**, an event that organizers are eager to bring back in 2026. In addition, members can look forward to **Christmas parties**, with details to be shared soon by email.

LOCAL SPONSORSHIPS STRENGTHEN COMMUNITY TIES

The Northeast Unit continues its commitment to supporting local teams and organizations. In summer 2025, the unit sponsored the **U11 Black Sox Rep Baseball Team** in Sault Ste. Marie, a house league baseball team under the **CUSW** name, a horse show in Sudbury, and contributed to a park in Kirkland Lake.

Looking ahead to fall 2025, the unit is sponsoring **Timmins Minor Hockey**. Applications for the **2025/2026 sponsorship program** are now open. Interested groups can request a form by emailing the unit directly.





STAYING CONNECTED AND SUPPORTED

To keep members engaged, the Northeast Unit operates a private Facebook group, **CUSW Northeast Unit**.

Members are encouraged to join by answering the entry questions to maintain exclusivity for CUSW members.

For those not receiving email updates, unit changes can be made under the My Profile section of the CUSW website. Assistance is also available by contacting pcranston@cusw.ca or northeastern@cusw.ca

The unit also reminds members of available support resources for themselves and their families. Help can be accessed through unit executives or directly via

Homewood Health at 1-800-663-1142.



SOUTHWEST UNIT

SURVEY TO MEMBERS

An email was recently sent to all Members of the Southwest Unit.

The objective of the survey is to help the Southwest Unit Executive gain insight into Unit Member interests for participation in Unit Meetings and Events.

By participating in this survey, Members will assist the Executive in building a Unit Plan that serves the needs of members and fulfills our purpose as a Unit.

Your support is appreciated, and the Unit will share the results at an upcoming Unit Meeting.

If you did not receive the survey and wish to participate, kindly contact support@cusw.ca

KINGSTON-OTTAWA UNIT

HIGHLIGHTS FROM THIS YEAR

Ottawa Senators Game Night – April 1st, 2025

Our Kingston–Ottawa Unit organized a fantastic social event at the Canadian Tire Centre, bringing together approximately 20 members for an evening of camaraderie and excitement. The unit subsidized ticket costs, ensuring an enjoyable and accessible night for all participants. Thank you to everyone who attended and made this event memorable!

Summer Golf Tournament Sponsorships

This past summer, our unit proudly supported multiple local golf tournaments. We were gold sponsors of the Barley Classic, where our union's logo was featured on a $4' \times 4'$ sign at the first tee deck. Proceeds from this event

supported the Ronald McDonald House. Additionally, we served as gold sponsors for a charity scramble benefiting SickKids Hospital, contributing to essential medical care and research initiatives for children and families across Ontario.

Bikers Against Child Abuse Donation

Our unit also supported Bikers Against Child Abuse with a donation of \$500, accompanied by strong participation from our members. We encourage all members to continue looking for local causes to support as we head into the new year.

Kingston-Ottawa Unit Golf Tournament - August 2025

We are thrilled to share that our August golf tournament was a tremendous success. Thanks to the generosity and participation of our members, we raised a total of \$2,880. These funds will be donated directly to local Ganonoque food banks to help support families in our community. A huge thank you to everyone who contributed, volunteered, or attended—your support makes a real impact.

Upcoming Event - December 2025

We are pleased to announce that our next social outing will take place this December, as our unit attends an Ottawa Senators home game against the New Jersey Devils. If you have not already received an email from us, please contact the Kingston–Ottawa Unit Executive Team or visit our Facebook page for full event details and ticket information



Thank you to all members for your continued support and engagement throughout the year.



CUSW-BC UNIT

SURF CANADA – GRAND NATIONAL SURF CHAMPIONSHIP



Over the Mother's Day weekend, Surf Canada held the Grand National Surf Championship in Tofino, BC.

CUSW-BC members Tom Maclean, Rod Gallant, and Gary Fiege as well as CUSW member Dale Harrison attended on behalf of the Union

Although the weather was forecast to be rainy, we were blessed with sunshine and great wave conditions.

The competition was set for Friday and Saturday with Sunday being set aside for the finals. The competitors were of all ages from young kids (GROM's) on up to the Masters division.

It was extra special watching the young surfers develop over the last 3 years, it was easy to see that our support has helped develop these kids thus setting the stage for them to compete competitively across the globe. The judges did a magnificent job keeping up with the surfers as they rode wave after wave in attempts to best their respective scores. There were some very respectable runs with one young lady (Ocea Green) scoring a perfect ten for the second year in a row.

CUSW supports Sanoa and Mathea Demphle-Olin in their quest for surfing excellence. Sanoa unfortunately suffered an injury the month before the event in a training mishap that left her out of this year's competition. Mathea ultimately won her division.

We partnered with the Surfside Grill to ensure all the kids on the beach were treated to a gourmet hotdog and potato salad. Proceeds of this went to the lifesaving society in Tofino and Ucluelet. CUSW-BC also donated to the area's food bank as per previous years.

It was a great weekend showcasing an evolving sport and we are proud to be a part of Surf Canada's success.

CUSW-BC UNVEILS A NEW LOGO!



SOCIAL COMMITTEE

The National Social Committee has started to work on events for 2026 and will provide an update in the Next Newsletter. E-Blasts will go out to all members for 2026 Events as we secure the Events. Thet will also be posted on the NSC Facebook Page and on the CUSW Website.

Below are a few pictures from this year's events. To see all the pictures from our events, visit the Social Committee page on the CUSW website.

- Annual Family Wonderland Event
- Downtown Toronto Boat Cruise in August
- Halloween Family Dinner & Dance Night in Niagara Falls



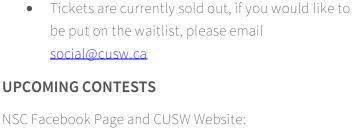












CUSW

UPCOMING EVENTS



Party - Toronto Metro Zoo

- Christmas/ Holiday Contests
- Kids & Adults posted in December

If you wish to contact anyone at the National Social Committee, please send an email to social@cusw.ca

Saturday December 6th - Annual Kids Christmas

We look forward to seeing all our CUSW Families at the Events.













HEALTH, SAFETY & WELLNESS COMMITTEE

2025 CUSW HEALTH, SAFETY & WELLNESS CONFERENCE

Living on the Level - Empowering Life Balance

This year's HSW Conference in Niagara Falls brought more than 50 members and families together for two full days of honest conversation, learning, and connection.

With the theme Living on the Level – Empowering Life Balance, we focused on what balance really looks like in real life and how by setting boundaries, finding our limits, and checking in with ourselves before things get overwhelming, we can live a healthier and more balanced life.

Our speakers shared powerful personal stories and practical tools that touched on recovery, stress, mental health, work-life demands, and the realities of our workplaces. Members also took part in hands-on activities and group discussions that helped turn the theme into something they could use at home and on the job.

We closed the conference by asking each person to choose one personal and one work-related commitment to help them move toward better balance. The feeling in the room said it all, when we take time to learn from one another and support each other, we grow stronger as individuals and as a community.

CONNECT WITH US

WEBSITE VIDEOS FACEBOOK

If you see any new hazards in the workplace or have any concerns, kindly contact us at HSW@cusw.ca











COMMUNICATIONS COMMITTEE



CUSW SPOTLIGHT PODCAST

Shining a Light on All Things CUSW

The CUSW Spotlight Podcast continues to grow, sharing authentic conversations that

highlight both our members and our partnerships.

Hosted by Dan Plexman and supported by a dedicated production team, the podcast offers valuable insights into training, opportunities, and the collective spirit that drives CUSW forward.

Since the last newsletter, several new episodes have aired with the latest one featuring Tom MacLean in "Made in Canada. The CUSW Story."

DOWNLOAD THE EPISODE

New episodes are released every third Monday, with the next one coming on December 1st featuring **Michelle Holmes.**

Access the podcast through these sources:

Apple Podcasts | Spotify | YouTube |

Watch the full video on: YouTube and Spotify

Be sure to follow https://www.cuswpodcast.ca and help us grow our reach!

Hit like, share, and leave a comment or review on your preferred platform. Your support helps us reach more members across Canada.

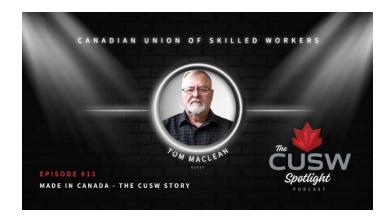
We have exciting stories and guests lined up, so stay tuned!

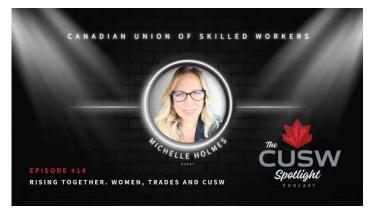
Have an idea or a story to share?

Reach out to the team anytime at podcast@cusw.ca











CONSTITUTION COMMITTEE



As proud members of the Confederation of Canadian Unions (CCU), the Canadian Union of Skilled Workers (CUSW) was excited to participate in this year's Biennial Convention, which took place in October in Ottawa.

The CCU is the largest confederation of independent labour unions in Canada, representing nearly 20,000 workers across both public and private sectors. Its members bring an incredible range of skills and expertise to the labour movement—health care workers, forestry workers, researchers, communications experts, university staff, construction workers, administrative personnel, and more.

Since its founding, the CCU has been a progressive voice for workers' rights and social justice and was the first labour federation in Canada to call for equal pay for work of equal value. Today, the CCU and its affiliates continue to champion equality, democracy, environmental sustainability, and solidarity.

WHY IT MATTERS TO CUSW

As an affiliate union, CUSW benefits from the CCU's commitment to giving small and medium-sized independent unions a national voice. The CCU provides a democratic forum where unions like ours can work together to advocate for workers' rights and progressive social change. Their constitution—built on transparency,

fairness, and accountability—ensures that the voices of all affiliates are heard, respected, and acted upon.

CONVENTION 2025

At the Convention Affiliates, including CUSW brought forward resolutions for consideration, debated and then the delegates decided on them. There were a record number of resolutions brought forward to strengthen the CCU's constitution and help guide the future direction of the confederation. In addition to ratifying the Constitution the CCU Affiliates elected a new Executive Board, which included our very own Shawn Campbell as the new President, and Dale Harrison as Trustee of the CCU. Congratulations Shawn and Dale.

For CUSW, the Biennial Convention was an exciting opportunity to contribute to meaningful change within the broader labour movement, alongside our allies across Canada. We look forward to continuing to work together to advance solidarity, protect workers' rights, and build a stronger, united future for all.



Shawn Campbell President, Confederation of Canadian Unions



Confederation of Canadian Unions Confédération des syndicats canadiens

TRAINING & EDUCATON COMMITTEE

CUSW SUPPORTING SKILLS ONTARIO

CUSW has allocated financial support towards Skills Ontario. As a result, for the 2024-2025 year, Skills Ontario have been able to reach:

- 400+ participants at 28 Summer Camps across Ontario
- 128,000+ youth reached through Skills Ontario's In-School Presentation Program during the 2024/25 school year so far
- An estimated 40,000+ attendees reached at the 2025 Skills Ontario Competition
- 50,000+ individuals reached through the Trades
 Tech Truck

On behalf of everyone from Skills Ontario, Board of Directors, and Staff, we would like to thank you for supporting Skills Ontario and the thousands of young people we impact each year.

Download the Skills Ontario Engagement Summary



MY SKILLS PROFILE

All CUSW Applicants and Members must keep a current Skills profile. If your skills do not match the skills and qualifications required for a job posting, you will not be eligible to register for the call. You must ensure your profile is accurate.

Have you acquired a new certification, qualification, or license? Have you attended and passed trade school? Have you received security clearances?

Skills include, but are not limited to:

- Certificate of Qualification
- Master's License
- Driver's License G, DZ, AZ, etc.
- Security Clearance for Bruce Power and Ontario Power Generation
- Work-ready training courses WHMIS, First Aid,
 Confined Space Awareness, Working at Heights,
 Elevated Work Platforms, etc.
- Education diplomas/transcripts from High School, College, University, Trade School, or Training Institute
- CUSW Training & Education Mentor Workshop, WSIB Workshop, Bargaining Rights, Advocate Training, etc.

Learn How to Upload Skills

If you have a question regarding skills, please contact skills@cusw.ca

In addition to keeping your My Skills profile up to date, if you are a licensed Journeyperson or Apprentice, your CUSW My Profile needs to include your Skilled Trades Ontario ID # and your status needs to be Active.

This information is found in the public registrar on the Skilled Trades Ontario website.

INDIGENOUS ENGAGEMENT COMMITTEE

As a very new National Committee we have been busy setting ourselves up and planning what our committee will be focusing on this year.

One of our first thoughts was to create an Indigenous logo that we could use during our promotion of the union. We approached a few Indigenous artists and settled on Raven Hillenbrand's Indigenous hard hat design that she created for us. We are very pleased with the artwork and are happy to share it with our members.



In May the union sent three representatives to Saskatchewan to attend the inaugural Saskatchewan First Nations Energy Resource Conference. It was a privilege to represent CUSW at this important event, particularly at the Day One Youth Summit—where we were the only Union invited.

The Youth Summit allowed our team to engage with young participants about careers in the skilled trades and share our experience in the nuclear sector.

We witnessed the historic signing of an MOU between SaskPower, the Government of Saskatchewan, and the 74 First Nation Chiefs of Saskatchewan. This agreement will enable equity partnerships and deeper Indigenous involvement in energy, mining, and infrastructure projects within Treaty territories.

We also had the opportunity to highlight what makes CUSW different and reaffirm our commitment to supporting the Indigenous skilled workforce.

We look forward to continuing our work and progress with our Committee!

VALUES AND BELIEFS COMMITTEE

Any Member may request/recommend the presence of The National Values and Beliefs Committee at any Member Event, Function and/or Meeting with a minimum of 2 weeks' notice. If you would like to make a request, recommendation and/or suggestion, email melarte@cusw.ca

vbcommittee@cusw.ca

and/or neb@cusw.ca



MEMBERSHIP COMMITTEE

Expand Your Horizons with Dual Ticketing and Blended Skills

The Canadian Union of Skilled Workers is proud to support our members in developing diverse, adaptable skill sets for the future of work

In today's industry, versatility is power. That's why CUSW encourages members to explore dual ticketing and blended skill development — combining the strengths of multiple trades to create more opportunities and stronger, safer workplaces.

Why Go Dual or Blended?

- Increase Employability: Gain access to a wider range of projects and job opportunities.
- ® Boost Earnings: Dual-certified workers often command higher wages and leadership roles.
- 4 Adapt to Industry Change: Stay ahead as technology and project needs evolve.
- Enhance Collaboration: Understanding multiple trades improves teamwork and jobsite efficiency.

CUSW Support

CUSW can help you navigate pathways to second trade certifications, upgrading programs, and apprenticeship partnerships.

Whether you're an electrician looking to expand into instrumentation or a ground-support person pursuing powerline certification, CUSW is here to guide your growth.

Take the next step in your career.

Contact your CUSW Training and Education Committee or visit CUSW.ca/training to learn more about programs and resources.



RETIREE COMMITTEE

CUSW-BC ~ RETIREE MICHELLE MORISSETTE

CUSW-BC is pleased to announce the retirement of Michelle Morrissette.

After a lifetime of helping those in the union movement, it is time for her to enjoy life on the Sunshine Coast.

Michelle started with CUSW-BC in 2004, and she was instrumental in keeping the Union active for many years. She has a history of ensuring the union survived a number of challenges during her 20 plus years and we are extremely grateful for her dedication, hard work and belief in our Union.

She has been the Administrator as well as the Treasurer for the BC Board and has helped us all immensely. It has been a pleasure working with her and she will be missed.

We wish her a long and happy retirement and hope she gets to get out on the water in her boat often in search of adventure and whatever fish happens to bite. Tight lines



While we lament the retirement of a long-time member, we also want to take the opportunity to announce that Sandi Best has taken on Michelles' responsibilities. Over the last few months, Michelle helped train and mentor Sandi so she

can hit the ground running. Please join me in welcoming Sandi to the CUSW family.

~ Gary Fiege on behalf of CUSW-BC

CENTRAL UNIT ~ RETIREE VINCE DOYLE

Vinnie joined Ontario Hydro on August 20, 1980, beginning a remarkable 45-year career marked by dedication, resilience, and commitment to his work and colleagues. Over the decades, he has witnessed—and in his own way contributed to—many of the changes that have shaped Ontario Hydro and Hydro One into what they are today.

Those who have worked with Vinnie know him for his steady presence, wealth of knowledge, and willingness to lend a hand whenever needed. His experience, humor, and grounded nature have left a lasting impression on everyone fortunate enough to work alongside him.

A good man — Vinnie will be missed, and I wish him all the best as he begins this next chapter.

~ Jeff Pellar, Hydro One



Vince's last day with Hydro One will be Thursday December 11th, 2025

SUPPORT SHEENA O'ROURKE



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As many of my friends know, my daughter Sheena was seriously injured last year in a car accident. She was a passenger in an Uber and was on her way home from a bar. The Uber driver crashed into a stationary car on highway 403.

Sheena and her friends were all injured and the driver of the stationary vehicle was killed. Sheena suffered a spinal cord injury, along with broken ribs, a broken nose and perforated bowel. She was hospitalized for four months. She was not expected to walk again.

Since being released from hospital, Sheena has worked very hard on her recovery. She no longer uses a wheelchair. She is walking with a cane. I am very proud of her for putting so much effort into her recovery. She is a tough girl and she has made great progress but she still has many challenges to overcome including chronic pain, fatigue and the high cost of her specialized physiotherapy. Sheena recently posted about her experience and created a Go Fund Me account to help cover her expenses. Sheena is a very private person so I know this was a big deal for her. I have pasted the link below for those who would like to help.

https://lnkd.in/dyvvBMjW

I would also like to take this opportunity to thank all my friends and colleagues for their support during this difficult time. Thank you for being patient with me when I was slow to respond. Thank you for asking about Sheena's condition. I am very grateful to know so many kind and thoughtful people.



Donate to Support Sheena's Recovery from Paraplegia, organized by Sheena ORourke



Carolyn Hart has been supporting our Union almost from the start and has provided Legal Counsel and advice on many successful cases over that time. Carolyn has supported the Workplace Capacity Building initiative over the years, providing advice to our Union Stewards, Joint Health & Safety Committee Members and Grievance Committees. During our most difficult times Carolyn has represented our Members and their Families during emotional ups and downs of Coroner Inquests. All along the way, being an impactful part of our Family and attending many Conventions and Health, Safety and Wellness Conferences.

Support Sheena O'Rouke gofundme

CONTACT INFORMATION

CUSW Head Office

10 Carlson Court, Suite 802 Etobicoke, ON M9W 6L2

Membership

membership@cusw.ca

1-866-600-8083

Apprenticeship

apprenticeship@cusw.ca

1-866-907-7694 416-240-7694

Security Clearance

securityclearance@cusw.ca

416-245-5232

Education and Training Trust Fund

info@ettrust.ca

1-866-600-9026

Training and Education

training@cusw.ca

1-866-600-9026

My Skills Profile

skills@cusw.ca

1-866-600-9026

Learning Centre

help@learning.cusw.ca

1-866-600-9026

CUSW Website Support

support@cusw.ca

General Inquiries

info@cusw.ca

1-800-376-8539

416-240-7259

416-240-9970 (fax)

CUSW-PWU Joint Dispatch

dispatch@cusw.ca

1-877-575-3155 416-245-9570

CUSW-PWU Joint Job Line

1-877-575-2855 416-245-3521

CUSW National Dispatch

nationaldispatch@cusw.ca

1-877-220-4990

Power Sector Benefit Trust (PSBT)

info@psbt.ca

1-888-250-2270

416-240-8083

416-240-0993 (fax)

Power Sector Benefit Trust - Pay Direct

paydirect@psbt.ca

416-245-9270

Member and Family Assistance Plan (MFAP)

mfap@psbt.ca

1-888-270-1760

416-240-9384

Homewood Health

1-800-663-1142

Power Sector Retirement Trust (PSRT)

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