HEALTH - SAFETY - WELLNESS CONFERENCE

"Moving the needle on healthy communication"



DAY ONE | FRIDAY OCTOBER 25

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TIME	TOPIC	LEAD	
7:00-7:30	Registration and Booths open	Niagara Room	
7:30-8:30	Breakfast and Family activity		
8:30-9:00	Introduction of our Theme 'Moving the Needle on Healthy Communication'	HSW Committee	
9:30-10:30	Keynote Presentation - Ministry of Labour	Dr. Joel Moody	
10:30-10:45	Break/Booths		
10:45-12:00	Interactive activity – Our Values and how we communicate with each other	Values and Beliefs Committee and Facilitators	
12:00-1:00	Lunch/Booths		
1:00-2:00	Presentation: Canadian Centre for Occupational Health and Safety – Communicating between generations	Susan Freeman and Amanda Nagib	
2:00-2:30	Break and Group Photo (Including Families)		
2:30-3:30	Presentation: PSBT and Canadian Mental Health Association- Healthy Communication and Mental Health	Craig Batty and Mireille Huneault	
3:30-4:00	Wrap Up – What Are We Learning?	Facilitators	
5:30-7:00	Dinner – Members and Families		

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DAY TWO I SATURDAY OCTOBER 26

TIME	TOPIC	FACILITATOR	
7:30-8:30	Breakfast		
8:30-9:00	Kick-off Presentation: Collaboration and Corroboration of CUSW Communication	Dan Plexman and Glen MacNeil	
9:00-10:00	Keynote Presentation: We are ALL worth another chance	Chris Lacko	
10:00-10:45	MySafeWork - Courageous Leaders	Rob Ellis	
10:45-11:00	10:45-11:00 Break/Booths		
11:00-12:00	Panel Discussion - How might we move the needle on healthy communications to improve our health and safety in the workplace?	Dan & Calvin moderate a panel of HS reps, stewards, and members	
12:00-1:00	Lunch/Booths		
1:00-1:45	Open Mic – it's your turn!	Dan Plexman and Athanasia Houvarda	
1:45-2:30	Wrap up and Pledge	HSW Committee and Facilitators	

Registration, Meals and Booths : Niagara Room – Main Lobby Main Conference : Rainbow Room – 10th floor